

Careers Information & Opportunities



Dear Parents, Carers & Students
Here is this week's round-up of Careers News.
If you have any career tips, comments, suggestions
– or come across useful resources - please email
claire.jonas@tbshs.org

Special Information

Five Ways To Look after Your Mental Health During Exams

13th May – 19th May 2024 is **Mental Health Awareness Week**. This initiative aims to address the stigma and encourage conversation around our mental wellbeing. This year's theme is 'Movement', which is all about getting involved in activities to boost our energy and decrease feelings of stress and anxiety. With exams starting, here are some tips as to how students could mix up their revision routine. [Click here](#)

Last Minute Revision Tips

Here are the top three revision tips & techniques from *Success at Schools*. [Click here](#)

Apprenticeships

Students with a Unifrog log-in can see all apprenticeship listings, on-demand webinars and more.
Students should research the many apprenticeship websites (Amazing Apprentices, Springpod, Uptree, Success at Schools etc) and if they haven't already, register with the government website, [click here](#)
The apprenticeship 'season' is upon us and bulletins will highlight occasional openings as they arise, however, students should research opportunities continuously

Hertford Regional College – Apprenticeship Evening

Hertford Regional College are hosting an Apprenticeship Information Evening on Tuesday 21st May 2024, 5.30-6.30. If students, or parents/guardians would like to find out about what apprenticeships involve, the apprenticeships available at HRC and how apply for an apprenticeship, please visit the Broxbourne Campus. To book your place, please visit <https://www.hrc.ac.uk/whats-on/events/event/165-apprenticeships-information-evening>

Artelier Group – Trainee Accountant (Year 13 were emailed direct about this London opportunity)

Artelier UK are currently recruiting for a Trainee Accountant and looking for a student that is soon to complete their A Levels – no previous experience in Accounting required. If interested, check your school IN box and send CV to the contact name & address.

Volkswagen Group & JLR Retail

Owner of iconic brands such as SEAT, Audi and ŠKODA, as well as vehicles like the Beetle and Volkswagen Camper Van, the Volkswagen Group have roles available for aspiring technicians, mechanics, service advisors and customer service professionals

Jaguar Land Rover is the manufacturer of premium all-wheel-drives and luxury sports cars. Through their retail programme, they also have opportunities available for prospective service technicians, mechanics, parts advisors & customer service professionals.

Volkswagen Group roles close 16th May, [click here](#) JLR Retail roles close 17th May, [click here](#)

KPMG

Various roles available – open until there are enough applications. To start September 2024. [Click here](#)

Webinar – Army Apprenticeships/Intelligence & Comms

Join the 'Apprenticeships in Intelligence & Comms - The British Army' webinar on Tuesday 18th June to learn more about the range of apprenticeship opportunities and hear from inspiring apprentices. To register please [click here](#).

Apprentice Stories

Join the 'Apprentices Stories' webinar Thursday 23rd May to hear from real life apprentices who will share their experiences of being an apprentice, how they found their vacancy, what a typical day looks like and the benefits of doing an apprenticeship. Please register by clicking [here](#).

Success At Schools

Lots of application information on their website now available for CBRE, the Army, Dentons, Marsh McLennan etc.

All About Assessment Centres

Webinar for students who wish to explore what assessment days are about. Although this is presented by BP, it might be useful for generic applications for apprenticeships. [Click here](#)

Latest Higher & Degree Listings

Amazing Apprenticeships have an [up to date list here](#)

Apprenticeship Success

Access real-life stories from apprentices to finding out what it's really like to do an apprenticeship.

[Success Stories | RateMyApprenticeship Hub](#) Also from Rate My Apprenticeship is the **Parent/Carers Hub**. [Click here](#)

Things I Wish I'd Known Before Starting My Apprenticeship

If applying for apprenticeships in any field, you will probably find this post from *NotGoingToUni* very useful.

[Click here](#)

Opportunities Available via Career Map & Rate My Apprenticeship

Top companies are hiring now; EY, Arcadis, Marsh McLennan, CGI, GE Aerospace, Unilever, Mace, Softcat, AWE and BP. [Click here](#)

All You Need To Know About Apprenticeships

Amazing Apprenticeship have a terrific website packed full of facts, information and guidance. Here's the link to explore everything you might need to know, [click here](#). Apprenticeship levels explained in *Rapid Resources*, [click here](#)

College/University Information

Local Colleges – Open Events

Year 10 Students – Open Event at Long Road College

Students and families are invited to Long Road College **Open Evenings on Tuesday 2nd & Wednesday 3rd July 2024**. The event is also open to Year 11s who would like another chance to visit the college before making their final post-16 decision in August. Attendees need to book a ticket:

<https://www.longroad.ac.uk/page/?title=Open+Evenings&pid=165>.

The Uni Guide Podcast

Episode 28 explores Law at university, featuring insights from Rosie, a current student at Durham University, and Paige, a Trainee Solicitor and star of BBC's How to Crack the Class Ceiling. Listen to this and all episodes [HERE](#)

The Uni Guide - Subject Guide Webinars

Inspired by the latest series of the Traitors, where two contestants were Vet Nurses. Hear from Lyn at the Royal Veterinary College and discover what to expect as a Vet Nursing student.

UniTasterDays Parents' Guide to University FREE To Download

The Parents' Guide to University has been produced by *UniTasterDays.com* in collaboration with *HELOA* - to help parents or guardians support their young person with their higher education decisions. Editorial has been provided by over 40 colleagues at universities and schools and colleges throughout the UK on topics including student finance, university applications, university events, student wellbeing and more. [Click here](#)

UniTasterDays - University Event Directory

UniTasterDays are hosting online university events for students and here's a handy one-stop directory where you can search online. There are listings for taster days, masterclasses, workshops and open days in every imaginable subject – some 127 pages – with filters! Additional sessions such as, *Understanding The UCAS Process, UCAS And Personal Statements and Student Life*. It's available [here](#). **Special Note:** Workshops can prove useful background research for subjects, EPQs etc. Here's a link to the home page of this terrific directory:

<https://www.unitasterdays.com/> The latest bogs features an introduction to university widening participation and fair access.

Free Download Guide For Parents

From *Success at Schools*, this free digital guide will help parents and carers support their children to make informed decisions about their next steps after school and is designed to provide them with all the information they need to make a successful application to uni. Articles include: Is university right for my child? How to choose a university, applying through UCAS, writing a personal statement, student finance, Summer Schools (Sutton Trust), accommodation - and lots more [Click here](#)

Choosing The Right Degree

Lancaster University have gathered together their top resources to help students struggling with that decision, along with some guidance on how to pick a degree course. [SACU](#) - great for Year 12s struggling to decide on the right degree or apprenticeship for them. Take a short picture-based quiz and SACU will come up with a cloud of subject areas that would suit a student. [Prospects](#) - another great website for browsing through degree subjects and the careers they can lead to. *Prospects* is also useful for working backwards - starting with a desired career in mind and seeing which degrees or other pathways would be best for achieving a role within that industry. [Hear from Student Ambassadors](#) – a blog on how to choose between universities.

Graduate Case Studies – Sheffield University

The University's [Graduate Case Studies database](#) is an excellent resource for anyone undecided about their future career path. Often they know which subject they would like to study but not where it can lead to afterwards. The database gives examples of previous graduates from the university, and students can filter by different sectors.

UCAS Subject Guides

[Click here](#) for information on subject study at university. Read the threads too on *The Student Room*.

Everything You Need To Know About Russell Group Universities

Whether asking what is a *Russell Group* university - or weighing up whether they are worth it - here are some answers. [Read More](#)

A-Z List of University Courses

From *British Uni*, here's a list of university courses, [click here](#)

University Subject Tasters

Also at the *University of Sheffield*, are a huge number of subject taster lectures taking place online which can be accessed and used as subject study research – even if you don't fancy studying at Sheffield. Register your interest and keep an eye on the [webpage](#) for updates. Regardless of whether you want to attend Sheffield University, [Sheffield Live](#) is a great resource for information on university.

UCAS for Parents

The UCAS website provides a wealth of information geared towards parents including a guide that you can download and information on financial support and budgeting, [click here](#)

Choosing The Right University/Course

Click the link for tips/advice [here](#)

Years 11-12 – Have you Considered All The Options?

University is a great choice for many students but if you're not sure, there are other options. [Click here](#) for an overview from *Success At Schools*. For the pros and cons of university, [click here](#). Which university and what degree to choose? There's some help [here](#) and [here](#). Finally, here's some general information on open days and how to make the most of them, click [here](#)

Work Experience

It's vital students sign up to Uptree & Speakers for Schools who have lots of face to face and virtual opportunities – check with your Head of Year before attending any sessions that fall on a school day

Years 10-11 GSK 24th-26th July

The application process is now open for a 3-day work experience opportunity at **GSK** on the **Ware Global Supply Chain manufacturing site in July**. The application process will close by 24 May, so your support in sharing this as soon as possible would be really appreciated. Please note, there are 30 places available. To ensure a fair approach for all, a random selection process will be used. Places cannot be guaranteed.

Apply here: <https://forms.office.com/r/zbXXRgcJXu>

Application closing date: **24th May 2024 (5pm)**

Any questions please email UK.Ware-Learning-and-Development@gsk.com

NHS – Various Roles

Various roles (clinical, laboratory, medical, mental health volunteering etc) available in Mid/South Essex Trusts. [Click here](#)

Year 9-13 News From Careers Days

There are new dates for career and work experience days taking place online over the next couple of months and students can register to join the online days through the website. You will learn all about your chosen career in the morning from applications to job prospects and then gain some online work experience to use in their applications in the afternoon. The schedule is as follows:

Law Career Day - Saturday 18th May 2024

Performing Arts Career Day - Sunday 19th May 2024

Computer Science Career Day - Saturday 25th May 2024

Teaching Career Day - Saturday 1st June 2024

Medicine Career Day - Saturday 22nd June 2024

Midwifery Career Day - Saturday 21st September 2024

Dentistry Career Day - Sunday 6th October 2024

Students can visit www.careerdays.co.uk to join a session and will receive a certificate at the end of the day confirming their work experience. **Please note – there is a £69 cost involved.**

Uptree

Various masterclasses, info events, Insight Days and work experience days now available to book. [Latest info here](#)

Years 10-13 Speakers For Schools

Sign up for Work Experience – various opportunities at various times. [Click here](#) Students in Years 12-13 have recently been sent the latest work exp & Insight opportunities. **Students must seek permission from Head of Year before attending on a school day.**

Careers

Want To Be A Pilot?

The *Fantasy Wings Programme* have announced that *British Airways*, *The Civil Aviation Authority (CAA)*, *easyJet* and *Manchester Airport Group* have collectively sponsored 575 spaces for Schools, Colleges and Universities on the **24/25 Fantasy Wings programme**. The Fantasy Wings programme aims to equip young people aged 13-25, particularly those from Black, Asian, and Minority Ethnic backgrounds and young women, with the skills and knowledge necessary to succeed in the aviation industry. Partners include leading aviation organisations in the UK, such as British Airways, the Civil Aviation Authority, easyJet, Virgin Atlantic, Manchester Airport Group, The CAA and NATs. The programme runs in person in London, Birmingham, and Manchester on one Saturday each month for ten months, beginning in October. There are also several work experience and practical skills opportunities available with the partners at the end of each programme.

As part of the programme students will

- Learn how to become an Airline Pilot
- Explore Aviation Careers such as Engineering, Air Traffic Control, Leadership, Regulation, Airport Operations and much more
- Be in with the chance to win one of 3 fully funded Private Pilot Licences at the end
- Be in with the chance to win one of 50 fully funded trial flights at the end
- Receive an accreditation at the end for use professionally

Please note that spaces on the programme will be allocated on a first-come, first-served basis. Once the sponsored spaces are all reserved, they are unable to allocate any additional places.

Please visit the social media page at www.instagram.com/fantasywingsUK to see images and videos from the previous programmes, home website: www.fantasywings.co.uk

News From LCN

Meet the Lawyer [DANIEL MILLARD – COOLEY \(UK\) LLP](#)

"I knew I wanted to work at a firm that worked for technology companies and in an area that was constantly evolving. This limits the relevant firms and areas of law, significantly." **READ NOW**

Commercial Question Regulation of Cryptoassets

Cryptoassets: how are they being regulated? Sponsored by RPC **READ NOW**

Solicitors' practice areas [LIFE SCIENCES – BRISTOWS LLP](#) Charlie French

"I'll be working alongside lawyers in other countries to develop the case there, working on the expert evidence with them, making sure the cases are aligned to ensure a global approach that works for the client. That's a really nice aspect of my job." **READ NOW**

Features - How to demonstrate the key skills for law in applications

All solicitors' firms and barristers' chambers desire a specific set of skills from their trainees and pupils. This guide explains how to self-assess your skill set, demonstrate these key skills on application forms and focus on areas you need to improve. **READ NOW**

The Oracle - Choosing a legal practice area: five tips

I'm finding it difficult to identify which practice area I'd enjoy most – do you have any tips on choosing a practice area before qualifying as a solicitor? **READ NOW**

LCN Podcast - Fashion law, career pivots and finding your 'why' - with Bunmi Jenfa

In this episode, legal professional Bunmi Jenfa talks about imposter syndrome, Shein lawsuits, career pivots and the importance of finding your 'why' when pursuing a legal career. **LISTEN NOW**

Meet the Barrister PUMP COURT TAX CHAMBERS Sam Glover

"I did three mini-pupillages. I think that they're a really valuable opportunity to learn about aspects of a career as a barrister that are otherwise difficult to discover." **READ NOW**

Make The Future Yours

Latest edition of the careers magazine here. Articles on how to become a plumber, an architect and how to choose A Levels: www.makethefutureyours.uk/latest-issue

Career In Public Sector/Government

If you want to make a difference in your community or help shape the way things are run, a role in local or central government could be for you. For example, you could become a [Civil Servant](#), [Political Researcher](#) or [Local Government Administrator](#) – or work within your local council to help with tax or customer service. Click links for ideas.

Careers Talks – Speakers For Schools

See below for the latest listing:

Step into the world of sports with us as we dive into a session featuring **Victoria Monk**, sharing insights from her remarkable career including her record-breaking Atlantic Ocean rowing journey.

Tuesday 4th June | 10:00am - 10:45am | KS3-5 / S1-6 [Sign-up](#)

Discover **Jessica Hill**'s journalism journey. Learn from her global experiences and gain insights into diverse career paths for aspiring journalists.

Wednesday 22nd May | 10:00am - 10:45am | KS3-5 / S1-6 [Sign-up](#)

Explore the Aviation industry with **Nive Sivanathan**, delving into Cyber Security & the Civil Aviation Authority. Discover his career journey, industry expectations, and essential skills.

Tuesday 11th June | 02:00pm - 03:00pm | KS3-5 / S1-6 [Sign-up](#)

Discover insights from **Nadine Pfeifer**, NHS Senior Manager and HopStair App Founder, in our industry spotlight session.

Tuesday 18th June | 02:00pm - 03:00pm | KS3-5 / S1-6 [Sign-up](#)

Curious about journalism routes and the industry's landscape? Join **Alan Jones** in this Industry Spotlight, sharing his journey and insights into the journalism world.

Tuesday 2nd July | 02:00pm - 03:00pm | KS3-5 / S1-6 [Sign-up](#)

Uncover the realm of Law in this Industry Spotlight Talk featuring **Helen Chapman**, Barrister and part-time Judge. Explore her journey into Criminal Law and navigating the industry as a woman and parent.

Monday 8th July | 02:00pm - 03:00pm | KS3-5 / S1-6 [Sign-up](#)

Don't miss **Marco Ndrecaj**'s remarkable story! As SSCL's Director of Contact Centre Services, he shares his journey from a young immigrant to a successful leader.

Wednesday 10th July | 02:00pm - 03:00pm | KS3-5 / S1-6 [Sign-up](#)

All Years - New Careers Quiz

Here is *The InvestIN Career Quiz!* By answering a series of expertly crafted questions, students unlock a personalised report that unveils an industry aligned with their skills and interests. [Click here](#)

A Guide to Career to Options 2024

This guide is full to the brim with career and application advice for students. You can download the online version of the free guide [here](#).

Careers Website

Explore and find out about careers using this website – lots of useful tools. [Click here](#)

Careers Unwrapped

Careers Unwrapped is a podcast series where accomplished industry leaders share their career stories, advice and reflections to inform and inspire young people.

BBC Bitesize

BBC Bitesize have some great advice from leading careers experts and over 350 job case studies from people who've found the right path for them. [Click here](#) for the home page. Check out *Where could your favourite subject take you?* *Explore careers by job sectors* and *Careers A-Z – Find your Perfect Job*.

All Years - Careers Fairs

From *UK Careers Fairs*, here's a list of Careers Fairs taking place in many major cities in England. [Click here](#) Also from *UK Careers Fairs* are these useful box links. [Click here](#)

Year 8-13 Find Your Potential – Career Sense

The *Find Your Potential* resources from Nat West's Career Sense, support 13-18 year-olds to discover their strengths and skills for the future world of work. Students will receive personalised information on future careers they may want to pursue, based on their strengths and what they enjoy. The resources help students develop self-awareness and confidently start to think about career next steps. **Register now to download the resources.** [Click here](#)

Future You Podcast Listen to *Prospects' Future You* podcast for inspiring insight's from employers, careers, advisers, students and graduates. [Click here](#)

Careers Websites

When free, do take a look over the *All About Careers* website as there's lots of information to digest regarding careers, [click here](#)

Find Out More About Individual Jobs

For snapshots into the world of work, visit the *icould* website to explore hundreds of videos about different jobs - search by filters such as job type and school subject. [Click here](#)

Begin! - Careers Guide

University of Nottingham has just launched a new careers guide called *Begin!* Whilst this is targeted at university students, it may also be relevant for sixth form students. Wherever students are with their career journey, this is the place where they can begin. [Click here](#)

Resources

Years 10-12 Why Not Languages?

The *Faculty of Modern and Medieval Languages and Linguistics* at the **University of Cambridge** is running free webinars for '*Why Not Languages*' aimed at Year 10 and Year 12 students. The webinar will provide:

Information on studying Languages and Linguistics and a GCSE/A Level revision session

Information on *ab initio* language learning at University level (*ab initio*: learning a language from scratch)

Language tasters in German, French and Spanish and other languages with expert faculty

A chance for students to ask questions of University academics in Languages and Linguistics with a session on 'How to take things Further'. The webinars will take place on September 20, 2024, at 10am. The two strands (GCSE and A Level) will each run for 100 minutes. This is a pilot project and for 2024 will replace the June face-to-face sessions.

To register your interest, please click and complete this form, [providing your email address](#) for further contact:

<https://forms.gle/HARdbyzyGnKoGG2d7>

Years 10-13 Budding Journalists – Young Reporter

The registration portal is now open for the September intake and to sign up before the summer holidays. Click the button below to register your interest to take part and please note that there is no commitment from registering. You will be sent an information pack with 7 days. [Click here](#)

Year 10 - From Imperial College London 10 Zeiss Materials Engineering Summer School

The Zeiss Residential Summer School returns for a second year at Imperial College London from 19 to 23 August 2024. One of the world leading Microscopy companies, *Zeiss* provides microscope solutions for universities, companies and research institutions.

Participants will learn how microscopes are built and operate, how microscopy and materials science are interlinked and how the characterisation of materials can lead to a more sustainable future for all of us.

There will also be the opportunity to visit Cambridge and the Zeiss UK site, carry out tests in the Department of Materials lab and win a prize in the final poster competition. Participants will experience university life by staying on campus and participating in a range of social activities in the evening.

This summer school is free to successful applicants and includes all materials, accommodation, three meals a day as well as any trips that are part of the programme. Travel to and from Imperial is not included. **Priority is given to applicants that meet the widening participation eligibility criteria.**

Apply through the **Aspire application system** by 03 June 2024. For any queries please email Dr Eleonora D'Elia at eleonora.delia10@imperial.ac.uk

Imperial College London – Outreach

STEM in Action is an online resource with five themed modules that include videos and activities that can be done at home or in school. Explore all the modules and learn about how scientists and engineers at Imperial College London are working to better our world. For more information, please see **Outreach Programme FAQs.**

Years 9-10 Virtual Routes Into STEM

The **Virtual Routes into STEM** course, aimed at students in Years 9 & 10. This course is available to students to complete until **2nd August 2024**. Students are able to join and complete this course flexibly within this timeframe but can also work as in-school sessions to compliment your curriculum. The course is suitable for all academic abilities and will take approximately 20 hours to fully complete. Upon completion students will be accredited with a **Bronze Industrial Cadets Award**. Click the link to find out more.

Years 7-11 Outreach from UCL

Years 7-11 **Bring Your Family to University Days** - For students in **Year 5 - 11** and their families - guided tours, information and advice, and fun activities on the UCL Campus - **6 July**.

Year 11 Philosophy Taster Days - An opportunity to learn about philosophy and meet current students. No prior knowledge needed.

Year 10 Invision UCL - A programme for Year 10 pupils of Black African or Black Caribbean heritage to find out more about their options after secondary school.

Ask the Expert Ask the Expert is your chance to pose any question you want to our team of 67 experts. We will answer your questions within 2 weeks!

Revision Tips

From *Success at Schools* come some handy pointers for keeping on track with revision during the Easter holidays.

[Click here](#)

New Uptree Careers Guide

Uptree has a brand new **Careers Guide**; students will be able to explore the world of work, diving into six key industries. Each industry has been carefully selected to provide students with useful insights that will help you make informed career decisions.

Free Resources From STEM Learning

To support parents and carers, our subject experts have put together a selection of activities and materials, which are free for everyone to access. [Click here](#)

Uptree

Do make sure you are signed up to *Uptree* – fantastic resources, work experience & insight days.

General/Competitions

Politics Students – BBC Today Prog Competition - Closing Date 31 May

The BBC's flagship morning news programme is inviting listeners to apply in pairs or in groups of up to six people, with either a written submission of 250 words or a two-minute video or audio recording outlining their idea for a story or issue they want the programme to focus on. The ideas will be used for a single piece of reporting, a discussion or a collection of interviews that will feature as a segment on the programme. [Click here for info](#)

Years 7-8 Young Songwriters Competition

Are you an aspiring young songwriter keen to showcase your talent? The first ever *Stortford Young Songwriters Competition* is now open for entries. The age limit is 13 years and the competition is open to anyone attending schools in Bishop's Stortford and the surrounding area including Stansted Mountfitchet & Sawbridgeworth. You can enter solo, or in a band, or as a class year group. Category winners will secure a song writing scholarship with *De Rosa Music Academy* and studio recording experience. For more info and to submit your entry, visit the competition website at www.stortfordsongwriters.or. **Entries close on 24th May.**

InvestIN's Charity Competition: Celebrating You!

"Be yourself; everyone else is already taken." - *Oscar Wilde* This charity competition designed to celebrate individuality and *InvestIN* are inviting all students to submit a photograph depicting what makes them stand out, along with a short caption that explains their photo. Creativity is encouraged.

The competition is free to enter and for each entry, there will be a donation to *Unicef*. The deadline for entries is 28th May 2024. The winning photograph will receive an in-person place on a one-day immersive experience of their choice – and shortlisted entries will also be shared across the company's social media and featured on their blog.

[Click here](#)

Celebrate Science & The Arts at the Great Exhibition Road Festival

For Young People and Families of All Ages

Join the fun in South Kensington on 15 to 16 June 2024 for this year's **Great Exhibition Road Festival** celebrating how science and the arts help people, communities, and nature flourish.

This free weekend has something for everyone, with events from Imperial College London, the Natural History Museum, Science Museum, Royal College of Music, V&A, Royal Albert Hall and more.

Discover the Festival Zones, including dedicated a space for Families (**Family Fun Zone**) and Young People (**NextGen Zone**) Browse a selection of exciting activities taking place **on our website** – from workshops like **designing your own energy-efficient car** and talks including **how technologies may help us thrive beyond our home planet** with Britain's first astronaut Dr Helen Sharman.

Register today for regular Festival updates and to find out when free tickets for popular events are available.

Claire Jonas,
Careers/Events,
The Bishop's Stortford High School
claire.jonas@tbshs.org