

# PHYSICAL EDUCATION KEY STAGE 4

2022-2023

## **MODULES/UNITS**

Students participate in range of activities during their weekly PE lessons, which operate on a carousel throughout the Autumn and Spring term.

### **Autumn & Spring Term**

Health Related Fitness/Weights

Badminton

Basketball

**Table Tennis** 

Volleyball

#### **Summer Term**

**Athletics** 

Options

During their weekly games lessons the top sets will participate in the following:

Autumn Term – Rugby

Spring Term – Football

Summer Term - Cricket

Whilst the other groups will participate in a range of activities including badminton, basketball, softball, weights and volleyball.

PROJECTS/SCHEME OF WORK/TOPICS	DURING

COURSEWORK DEADLINES/EXAMS	WHEN

### OTHER INFORMATION

There is a wide range of extra-curricular activities that the students can access which will enhance their performance and enjoyment of the sports.

We also offer a variety of sports that are not studied as part of the curriculum such as basketball, golf, swimming and volleyball which all students are welcome to attend.