



PHYSICAL EDUCATION KEY STAGE 5

2022-2023

MODULES/UNITS

Component 01: Physiological factors affecting performance

Anatomy and Physiology, Exercise Physiology and Biomechanics.

Component 02: Psychological factors affecting performance

Skill Acquisition and Sports Psychology.

Component 03: Socio-cultural issues in physical activity and sport

Sport and Society, and Contemporary issues in physical activity and sport.

Component 04: Performance in physical education

Performance or coaching of an activity taken from the approved list and a verbal response to a performance.

COURSEWORK DEADLINES/EXAMS

WHEN

Y12 MOCK EXAMS (H155)	JUNE 2023
Y13 MOCK EXAMS (H555)	JANUARY 2023
H555 PRACTICAL COURSEWORK	31 ST MARCH 2023
A2 H555	MAY/JUNE 2023

PROJECTS/SCHEME OF WORK/TOPICS

DURING

Y12: COMPONENT 01, 02, 03 & 04	AUTUMN TERM 2022
Y13: COMPONENT 01, 02, 03 & 04	AUTUMN TERM 2022
Y12: COMPONENT 01, 02, 03 & 04	SPRING TERM 2023
Y13: COMPONENT 01, 02, 03 & 04	SPRING TERM 2023
Y12: REVISION	SUMMER TERM 2023
Y13: REVISION	SUMMER TERM 2023

OTHER INFORMATION

Exam Board and Specification

We follow the OCR syllabus. The A2 award comprises of 70% for the theory paper which comprises of three exam papers and 30% practical unit.

Textbooks

We use the OCR textbooks.

Homework and Revision

Homework tasks often involve completing past paper questions related to the topic area that is being covered. Pupils also have access to the resources and past papers to download.

Equipment

N/A

Contacts

If you have any queries, please telephone the school or contact us at peter.harris@tbshs.org